

## starters

### bread and butter

grilled sourdough | butter duo of the day small 4 | large 8

### baked feta

roasted red bell pepper | tomato | currants | olives | preserved lemon | mint orange syrup | warm focaccia wedge | avocado sauce 14

### tempura butternut squash

pasilla cinammon sauce | smoked coconut yogurt | pecan cranberry crumble 11

## salads

*add: chicken 5 | shrimp 7 | cured salmon 10 | market fish\* mkt price*

### grilled duck sausage salad

carrots | celery | golden beets | fennel | arugula | smoked white bean sauce | dijon tempura crunchies | cherry tomatoes | smoked pea pesto | parmesan vinaigrette 17

### roasted beets & grilled apples

pumpkin spiced pearled couscous | mixed greens | cranberry harissa | coffee masa whip | candied chipotle pumpkin seeds | orange pear vinaigrette 14

### chili rice cake salad

hoisen chilled tenderloin salsa | kale & mixed greens | sugar peas | zucchini | broccoli | shiitakes | red bean hummus | charred bean sprouts | gojuchang tofu sauce | sesame vinaigrette 14

### soup & salad

arugula | parmesan | zucchini | cherry tomato | caper vinaigrette | red bell pepper essence | soup of the day 11

etc.

lunch

## sandwiches

### bacon & brie

grilled butternut squash | chili fig jam | smoked cranberry | caramelized onions | arugula | whole wheat toast 14

### patty melt\*

7 oz burger | gulf sauce | gruyère | apple smoked bacon | caramelized onion | spicy roasted portobello mushroom | poblano pickle relish | whole wheat toast 14

### smoked salmon toast

tamarind banana jam | pineapple chutney | ginger crema | sweet potato | sugar pea & sunflower sprout slaw | sourdough 15

### corned beef & swiss

pickled onion | romaine | horseradish caesar dressing | dijon | sourdough 15

## mains

### seven spice roasted cauliflower bowl

chickpea chili lime hummus | fenugreek avocado smash | red beet tahini | tomato jam | quinoa | freekeh | kale | fresh herbs | sumac lemon vinaigrette | feta 15  
*add: chicken 5 | shrimp 7 | market fish\* mkt price*

### cornmeal fried chicken & tortellini salad

avocado salsa | carrot sour cream | cheese tortellini | sprouts | cilantro | kale | agave jalapeno dressing 17

### market fish\*

spaghetti squash filo roll | lemon ricotta | poblano pumpkin seed almond sauce | sugar peas | broccoli | orange peel & red bell pepper sauce *mkt price*

### eggplant tempura

garden marinara | herb mozzarella | broccoli arugula parmesan salad | beet calabrian sauce 14

### big thai vegetable curry bowl

coconut broth | broccoli | sprouts | sugar peas | carrots | basmati rice | green onion 14  
*add: chicken 5 | shrimp 7 | market fish\* mkt price*